



OUR MISSION

We want to provide gymnastics training to all ability levels and ages in a safe, progressive, and fun environment. We want each gymnast to reach their highest ability level.

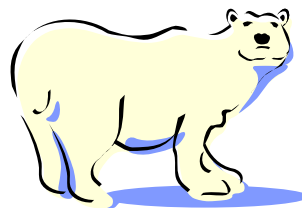


Directions to Motion Gymnastics:

From Pennington: Going South from Pennington Market, go past Burger King, Sommerton Springs Golf Center (Pennington Golf). The road begins to curve and go up a hill, on the curve to the left is Pennington Business Park. Make a left into Parking lot, go straight. We are building C to the right of Auto-Technik.

From Princeton: Take Route 1 South. Take the entrance to 95 South (the sign says Pennsylvania, Philadelphia) Do Not Take the Bordentown Entrance. Stay on 95 South. Get off at Exit 4, Ewing, Pennington. Go right towards Pennington. This will be Route 31 North. Stay on Route 31 North as you go through the Pennington Circle. Go through the yellow blinking light. You will pass the First Assembly of God Church on your right. We are the next driveway on your right as you come down the hill in the Pennington Business Park. Follow driveway. We are building C on the right of Auto-Technik.

If you need different directions or a map please call us at 609-730-9394.



MOTION GYMNASTICS

55 Route 31 South, Building C
Pennington, NJ 08534



Phone: 609-730-9394

Fax: 609-730-9339

E-Mail: MotionGym@aol.com
www.motiongymnastics.com

What Gymnastics Offers.....

Gymnastics provides a great foundation and offers skills for a lifetime. Participation in gymnastics builds strength, flexibility, and coordination while enhancing performance in other sports.

Gymnastics builds self-esteem and goal setting abilities in all children, helping them to become champions in life.



OUR PARTY STAFF

Our party staff is USA Gymnastics Safety Certified and First Aid and CPR trained. Our staff is trained to run a safe and fun party in an exciting and challenging environment.

Parties.....

Minimum Age: 4 years old



The Gymnastic Party:

Parties are 1 ½ hours in the gym. The typical party uses beams, uneven bars, parallel bars, vault, floor, trampoline, and power trak. The gymnastics part of the program is structured for fun and safety while challenging each child in an age appropriate manner.

Parents or siblings are not allowed on the equipment during the party time. Siblings or guests who do not participate in the party are not allowed on the equipment. No one is allowed on the equipment without a Motion Gymnastics staff member. This is for you and your guests safety.

AFTER the Gym.....The Party Room:

The parent has a half hour in the party room to serve refreshments. Cake, cupcakes, ice cream, pizza, sandwiches and drinks are all acceptable items. Motion has a refrigerator and freezer that can be used to keep items cold. You can decorate the party room as long as the decorations are removed when you leave. The staff will have tables and chairs set up for your convenience. If you need assistance our staff will gladly help. The staff will vacuum and remove garbage from the room after the party. Please leave the room as neat as when you got there. It is important that the next party is extended the same courtesies. There is no running in the party room. Staff will gladly play games with the guests if they finish eating.

Birthday Party Times:

Parties are booked for Sundays.

Gym Times Available:

10:00 am - 12:00

12:30 pm - 2:30



Birthday Party Prices:

Cost is based on the number of children.

8-12	children	\$220	2 teachers
13-20	children	\$260	3 teachers
21-28	children	\$310	4 teachers
29-35	children	\$400	5 teachers